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# **Gerontologic Nursing, 4e**





### Synopsis

Covering both disorders and wellness, Gerontologic Nursing provides the essential information you need to provide the best nursing care to older adults. A body-system organization makes information easy to find, and discussions include health promotion, psychologic and sociocultural issues, and the common medical-surgical problems associated with aging adults. Written by expert educator and clinician Sue Meiner, EdD, RN, CS, GNP, this book also emphasizes topics such as nutrition, chronic illness, emergency treatment, patient teaching, home care, and end-of-life care. Comprehensive assessment guidelines identify findings that are normal, deviate from normal, and abnormal. A separate Health Promotion chapter and specialty boxes provide information related to promoting healthy lifestyles and preventing disease. Detailed coverage of pain, infection, cancer, chronic illness, loss, death and dying, and substance abuse explains the complex aspects of aging and related care.Cultural Influences chapter and Cultural Awareness boxes focus on clients' specific customs and how they affect your nursing care.Client/Family Teaching boxes help you communicate effectively on self-care. Home Care Tips boxes promote practical, effective care for the homebound older client. Emergency Treatment boxes highlight critical care in emergency situations. Nutrition boxes discuss the special nutritional needs and concerns of an aging population. Key points help you remember what you've read, and critical thinking activities help expand learned concepts. Â Up-to-date content includes the latest on hip and knee replacement, Lyme disease, lactose intolerance, upper respiratory infections, current arthritis therapies and treatments, and expanded information on abuse of older adults. Unique! Nursing Care Plans link NANDA-I nursing diagnoses, NIC priority interventions for specific conditions, and NOC suggested outcomes for guidance in providing appropriate care.Unique! Evidence-Based Practice boxes help you apply the research leading to better outcomes of nursing care. Unique! Nursing Process boxes provide quick and easy access to care information.

#### **Book Information**

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#### **Customer Reviews**

Excellent review of all the systems with emphasis on the changes occurring in the elderly. Each topic was expanded using the nursing process, so it was easy to remember. I was able to take the Geriatric Certification with confidence. Thank you so much. The book was in excellent condition.

The chapters are thorough and easy to read. Great end of chapter summaries and study questions. Great for studying for the ANCC Gero nurse exam.

I used this book as the main text for our Gerontology class and I was very disappointed. A number of times, the book completely contradicted it's own information, and the reading was very dense and tended to repeat itself. A good editor could probably decrease the amount of pages in the book by at least a quarter and it would then be a better text. Also, there are no companion study guides or practice NCLEX questions to accompany the reading, making exam prep that much more difficult. I would not recommend this book to be used in any nursing program.

This book is an easy read. If you dont already know about gerontology, get this book. It has already helped me with my understanding of the elderly patient.

It gives me enough material to prepare for my Exam. Format is understandable and I like the boxes that highlight the important points to remember. I definitely think this is the best gerontological book out there.

This book is easy to navigate, laid out well and just as good as the "real" text book. While some pictures would do nicely just to break up the heavy text it is really a great book.

Can't say I would recommend getting this even if your teacher requires it. You will get most of the

same info from your Med Surg books and lectures.Save money.

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